

# 1. THE INDIVIDUAL AND HUMAN RELATIONS



## 1. The Individual and Human Relations

Two friends were walking through the woods when they thought they heard something. They turned around and saw a big black bear coming towards them. Both men started to run when one of them stopped to change into tennis shoes.

The second man said, "You don't have time to change shoes. You can't outrun that bear!"

The first man said, "I know I can't outrun the bear. I only have to outrun you!"



## Warmer

Each of the following anagrams is a personal quality. Can you find out which one is which? The initial letters of the words may help you. The first word is given as an example.

- |                  |               |
|------------------|---------------|
| 1. REEVLC        | <i>clever</i> |
| 2. YFENDIRL      | <i>f</i>      |
| 3. VAREB         | <i>b</i>      |
| 4. RERDEVES      | <i>r</i>      |
| 5. LUFPHLE       | <i>h</i>      |
| 6. SADVORENUT    | <i>a</i>      |
| 7. RELTOFNA      | <i>t</i>      |
| 8. IETLOP        | <i>p</i>      |
| 9. GUNNRIEDDNSTA | <i>u</i>      |
| 10. EARGLUF      | <i>c</i>      |
| 11. HSSFIEL      | <i>s</i>      |
| 12. EESSLRAC     | <i>c</i>      |
| 13. ILERBLAE     | <i>r</i>      |
| 14. HLUEECRF     | <i>c</i>      |
| 15. CGNEEREIT    | <i>e</i>      |



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## Questions

1. What is the most important personal data?
2. Which documents can you use to prove your identity?
3. Please introduce yourself.
4. How would you describe yourself?
5. What kind of personality have you got?
6. How can people express their personality?
7. Do you have any bad habits?
8. Which habits of others do you find disturbing?
9. What do you do?
10. Talk about the most important moments in your life.
11. Where do you live?
12. Who do you live with?
13. What is your family like?
14. Where do your relatives live?
15. What are your hobbies and interests?
16. What do you usually do at the weekend and in your free time?
17. What are your future plans?
18. How do you get along with your classmates or colleagues?
19. Talk about your friends.
20. What do you usually do together with your friends?
21. Describe your best friend.
22. What do you like most and least about your best friend?
23. How has your group of friends changed over the years?
24. What do you think the most important inner qualities of a person are?
25. What kind of people do you like?
26. Which personality traits do you dislike?
27. How do you keep in touch with friends who live far from you?
28. Where do people make friends nowadays?
29. What is your opinion about online friendships?
30. Are you a member of a social network? Why (not)?



## Answers

Track 1–6.

1. What is the most important personal data?

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Your name, both first and last, your place and date of birth, your mother's maiden name, and your nationality. In certain cases you may also be asked to give the reference number of one of your documents, like your ID or your student card.

## 2. Which documents can you use to prove your identity?

You can identify yourself with your ID card, your passport or your driving licence. They feature your photo and some personal particulars, such as your place and date of birth and your name. You have to sign these documents and renew them when they expire. If you are a student, you can also prove your identity with your student card

## 3. Please introduce yourself.

- a) My name is Noémi Horváth. I was born in Budapest in 1999. My birthday is on 10 November. My sign of the zodiac is Scorpio. I have a sister who is three years younger than me. My mother works for a private school which organizes courses for adults, and my father is a software engineer. I go to the local secondary school and my sister is a primary school pupil. My grandparents don't live with us. My mother's parents live in the town centre and we meet every second day. My father's parents live in another town, about 50 kilometres from us. We only meet twice a month but I often phone them. I have a cat, and I like playing with her in the garden. I used to play the violin but nowadays I have to concentrate on my studies.
- b) I'm Balázs Fekete; I'm from Debrecen. I was born on 12 May 1996. My parents got divorced when I was five. Since that time I have lived with my mother. I'm an only child, but I have two step-brothers because my father got married again and his wife has two sons from her first marriage. They are eight and eleven years older than me. I attend Corvinus University in Budapest. I want to be an economist. I live in the university dorm and I have lots of friends there. I go home to Debrecen every second weekend. I don't have much free time because of my studies, but I like sports and I go to the gym three times a week to work out and keep fit. I speak German and French, and I started to learn English two years ago.

## 4. How would you describe yourself?

- a) I'm a tall girl with long, straight, brown hair. I have brown eyes and long eyelashes. I'm snub-nosed and I have full lips. I'm slim because I like doing sports and I do not like sweets at all. My favourite colour is blue, so most of my clothes are blue too. I wear casual clothes and I never wear make-up.
- b) I'm 182 centimetres tall and I look sporty. I wear glasses because I'm short-sighted. I have short, fair hair and don't have a moustache or beard. I think I'm too young to wear them. I usually put on jeans with a T-shirt, but I like elegant clothes too. I'm a trainee in a bank where there is a strict dress code, so I have to wear a dark suit with a light-coloured shirt and a tie.

## 5. What kind of personality have you got?

- a) I think I'm confident in most situations. Most of the time I'm optimistic and happy, and I smile a lot, which relaxes the people around me. I'm also good at paying attention to others



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and I can make friends easily. I have lots of friends not only in Hungary but abroad as well. I never feel bored because I'm interested in several things, maybe even too many. My biggest fault is that I'm often impatient.

- b) Well, I think it's not so easy to get on well with me because I often feel depressed and want to be alone. I cannot make friends easily either. People say I don't have a good sense of humour. My best personality traits are that I'm never late with my work and I'm reliable too. I'm conscientious towards the environment, and it makes me so upset when I see people treating animals with cruelty.

## 6. How can people express their personality?

- a) There are various ways in which we can express our personality, for example, with clothes, shoes, accessories, hairstyle and make-up. I'm an extrovert and not a wallflower. I like harsh colours, all kinds of jewellery, even piercings, and I often wear funny clothes and shoes. When I go to parties, I like to wear smoky eyeshadow, red lipstick and false lashes.
- b) I'm rather shy and prefer being alone. I never wear flashy clothes or vivid colours, only simple casual clothes like jeans and T-shirts. I like cycling and jogging so comfort is much more important for me than fashion. I'm an average-looking girl who likes literature and the arts, and doesn't enjoy being the centre of attention. I know that compared to a lot of my friends, I'm a bit unusual because I never wear make-up, but it's not my style at all and I'm comfortable with that. I want to look as natural as possible.

## 7. Do you have any bad habits?

I think everybody has some bad habits. When I'm nervous, I bite my nails and crack my knuckles. I really would like to stop, but it's not easy at all. Unfortunately, I'm not a good timekeeper and I'm often late, which gets on my friends' nerves when we go to the cinema or theatre together. Earlier I often fidgeted or twirled my hair when I felt bored, but I've managed to break these bad habits.

## 8. Which habits of others do you find disturbing?

- a) Littering is one of the most disturbing bad habits for me. I often see people in the street and at bus or tram stops eating a packet of crisps and when they have finished, they simply drop the plastic packet on the ground. They don't even realize that they are littering! Others throw things such as bottles, plastic and paper out of the windows of moving vehicles. I also hate it if people talk too loudly on their phones in public places.
- b) I hate it if somebody lies to me or doesn't keep their promises. I think forgetfulness and other acts of carelessness, for example, being late all the time, show disregard for other people. It's easy to find an excuse like running behind or being too busy and disorganized, but I consider such behaviour rather impolite.

## 9. What do you do?

- a) I attend Balassi Bálint Secondary School. I'm in the third year, and I specialize in Hungarian literature and grammar, and history. I'd like to go to university because I want

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to be a lawyer. I also play in the school's basketball team, and we have matches almost every weekend.

- b) I'm a personal assistant and I work for a well-known international insurance company. My boss is the head of the HR department. My work involves receiving phone calls, meeting and greeting visitors, making appointments for my boss, dealing with emails, letters, and faxes, producing documents before and after meetings, and arranging travel and accommodation for my boss. I also take notes and dictation at meetings with members of the management, and with clients. I think it's a rather challenging job and I like it very much.

## 10. Talk about the most important moments in your life.

I think the first important moment in my life was when I started school. I remember that when I entered the classroom, I was very proud and shy at the same time. Our teacher was very nice and helped all of us to get used to the rules of the school. The next big moment in my life was when I left primary school and went to secondary school in another town. It meant a new lifestyle for me because I started to commute, which was tiring. Our class was really good and we spent a lot of time together, so I felt a bit sad when we took our final exams and left school. Now I'm a student at medical university and I'm looking forward to some more important moments in my life: getting my degree and starting work at a clinic.

## 11. Where do you live?

- a) I live with my family in a big detached house in Szarvas. My address is 5 Gárdonyi Street. I like living there because we have a big garden and I have my own room too. It's only a ten-minute walk from the town centre and I can also get everywhere easily by bicycle. We have three bedrooms, a living room, a kitchen, a dining-room, two bathrooms and a pantry. In the yard we have a garage and I keep my bicycle there too.
- b) My family lives on the sixth floor of a block of flats on a big housing estate. We have a living room and two bedrooms. I don't have a room of my own but I share a room with my two brothers. We also have a balcony where we have nice flowers. I like the neighbourhood very much because nearby there is a big park with a football pitch where I often go with my brothers and my friends. If I want to go to the centre of the town, I have to take a bus because it's quite far from where we live.

## 12. Who do you live with?

- a) I live with my parents in a flat. I'm an only child but I have three cousins and I meet them quite often because they live in another block of flats on the same housing estate. I also have two guinea pigs and some fish in an aquarium in my room.
- b) There are seven people in my family and we live in a detached house in the green belt on the edge of town. I have twin sisters who are younger than me. My mother's parents also live with us because the place where we live was originally theirs. It was modernized and extended some years ago, so now we have enough rooms for everybody. We also have a dog and two cats in the yard, and I have two budgies in a cage in my room.



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## 13. What is your family like?

- a) I don't have a big family because I don't have any brothers or sisters. I live with my parents and my father's mother in a small house. My parents have some land near the village where we live and they work there. They grow vegetables. My grandma takes care of the house and cooks for the whole family. I commute every day because my grammar school is about 40 kilometres from my home.
- b) I have a big family because I have three sisters and my mother's parents also live with us. We bought this house four years ago when my second youngest sister was born. My father works in Budapest, so he commutes to work every day. My mother is a chemist but now she is at home and spends all her time with my sisters. My grandma helps her with the housework. My grandpa does the gardening and takes our dog for a walk.

## 14. Where do your relatives live?

They live in different parts of the country. My mother's sister and her family live in a small village near Debrecen. My other aunt, my father's sister, lives in Budapest, but not in the same district as we do. Two of my uncles live with their families in Szeged, and my third uncle lives in Békéscsaba. Altogether I have five cousins. I also have some distant relatives who live abroad.

## 15. What are your hobbies and interests?

I have a lot of interests. I like reading all kinds of books, but mainly fantasy and sci-fi. I also like watching documentaries and films on wars and great historic events. I used to regularly go to a dancing club because I love ballroom dancing, but nowadays I don't have enough time for it. I like sports and in summer I often go sailing, while in winter I go skiing with my family. At school I play volleyball.

## 16. What do you usually do at the weekend and in your free time?

I don't have very much free time during the week because I have to study a lot, but at the weekend I try to spend as much time as possible with my family and my friends. I go shopping with my mother every Saturday morning. I like these hours with my mum because we not only shop, but also discuss lots of things together. After that I help in the kitchen because I'm interested in cooking. In the afternoon I tidy my room and help my father in the garden. In the evening I go out with my friends either to have a Coke or to watch a film in the cinema. I don't like parties because I'm hopeless at dancing, so I prefer places where I can talk with my friends. Once a month, we visit our relatives or they come to see us.

## 17. What are your future plans?

- a) Since my favourite subjects are biology and chemistry, I want to be a doctor or a chemist. I haven't decided yet. If I manage to gain admission to the faculty of medicine, I'd like to take up voluntary work in a hospital or health centre because I think it's important to gain some real-life experience too. After graduation, I'd like to work at a prosperous clinic and study a lot from the famous professors working there.



- b) Unfortunately, I don't know what to become yet. I'm interested in so many things that it's rather hard to pick one or two fields only. I like languages but I don't want to be a teacher or an interpreter, so I think I'd sooner become an economist or an expert in tourism. On the other hand, I love IT very much too, so maybe I'll become a software engineer.

**18. How do you get along with your classmates or colleagues?**

- a) There are twenty-five of us in my class and there are some difficult personalities among us. If I have a problem with someone, I always try to talk to him or her about it. I think the source of almost every argument or disagreement is miscommunication and a lack of listening, so I prefer sorting out problems by talking about them. Most of my classmates are friendly and helpful, and we have a lot of common interests, so we get along well with each other.
- b) I find good workplace relationships important because they can help me do my job better. I think I'm on good terms with my close colleagues. I know that I can rely on them, and they know that I'm always ready to help them too. We form a very good team and meet not only at work, but sometimes at the weekends too. Of course, we occasionally need more patience and tolerance because someone might be having a bad day and we all have different personalities and opinions, and because we spend most of our time at work, a good relationship is essential.

**19. Talk about your friends.**

I don't have many friends but the ones I have are really good friends. I've known them since my childhood and I know that we can always rely on each other. I don't believe in friendships that you make at summer camps or online because I think it's important to keep in touch and meet in person regularly. In this way you can discuss both small and serious issues, and feel that there's somebody by your side whenever you need them. All my friends are really nice people. We help each other in our studies too.

**20. What do you usually do together with your friends?**

- a) We have the same interests and we spend our free time together. We often play football or online games. We're all great fans of strategy games. In winter we often go skating and skiing with the school. When the weather is good, we like walking in the town centre and having a chat in a fast-food restaurant. We eat and drink something and talk about everything that interests us: sports, school, girls, films, games and books. At the weekend we sometimes go cycling to the nearby hills.
- b) All my friends are a bit addicted to computer games because we play almost every day. We have the same interests and we rarely have arguments. On Mondays and Thursdays we go to the gym to work out together. Sometimes we play chess, cards or board games too, and we also enjoy online quizzes. When the weather is nice, we go skateboarding or cycling. If we cannot meet, we talk in chat rooms on the Internet, or via instant messaging.



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## 21. Describe your best friend.

- a) My best friend, Ági, is very pretty. She has shoulder-length, curly, dark brown hair and green eyes. I can talk about everything with her. She is nice, understanding, patient, and I think it's really easy to get on well with her. We like doing the same things, such as going to the cinema, and singing. We both enjoy musicals and we always go to the theatre if there's a musical on.
- b) Actually, I have two best friends. I've known them since the beginning of primary school and we are still classmates today. Gergő is a bit stronger than me because he goes to the gym at least four times a week. He is brave and honest, and can always give good advice. Péter is funnier and has an extremely good sense of humour. He can imitate the gestures and speech of almost anybody. I really enjoy being with these guys in my free time.

## 22. What do you like most and least about your best friend?

It's difficult to say because my best friend, Levente, is not only a very good friend but he is also my brother. He's understanding, and he always helps me with my homework. He usually has good ideas and supports me when I feel sad. We know everything about each other. He has a very good sense of humour and often tells me stories that make me laugh. If I feel a bit bored or miserable, I just call him up or meet him, and I immediately feel good and forget about my worries. Sometimes he's a bit impatient but it's his only bad quality.

## 23. How has your group of friends changed over the years?

When I was in the junior section of primary school, I only made friends with girls. I remember that we could play together for hours with dolls and puppets. Later I also made friends with boys from my class because I started to swim and we went to training sessions together. Nowadays my best friend is Melinda. I met her in secondary school. I still keep in touch with some of my friends from primary school. I can always count on them, and they support me whenever I need it. They provide company for me if I feel depressed or lonely.

## 24. What do you think the most important inner qualities of a person are?

I think the most important characteristics are honesty, reliability and generosity. I hate it when somebody lies to me, hides or distorts the truth, or even pretends to be a good friend. I'm reliable and I expect others to be reliable too because that's how we can help each other in our studies as well as with other tasks. The worst thing is if somebody is mean and selfish instead of helping others.

## 25. What kind of people do you like?

I like optimistic, friendly and happy people. I like people who I can talk to about everything, and who can easily make me laugh. It's good if we're interested in the same things, but it's also good if we don't share all of our interests. It's essential to be helpful, open-minded, sympathetic, kind, joyful and eager to help and learn.





**26. Which personality traits do you dislike?**

I don't really like people who are selfish, aggressive, unkind or bad-tempered. I hate moody people and those who are dishonest and want to achieve their aims even if they destroy other people's lives. I also try to avoid those people who are also negative and cannot enjoy life but depress everybody around them.

**27. How do you keep in touch with friends who live far from you?**

Though I often email them, most of the time we chat because it's free, unlike phoning. All of my friends use an instant messaging programme such as MSN regularly, so we can talk as soon as we switch on the computer. Sometimes we even video conference and can converse face-to-face on Skype too. I enjoy taking photos and often share my photos online with my friends.

**28. Where do people make friends nowadays?**

There are many places to meet new people and socialize, for example, clubs, concerts, shopping centres, the beach, the market, cafes or the gym. In my opinion, the best place to make new friends is at work or at school because you spend a lot of time together there and can get to know each other pretty well. Nowadays more and more people make friends online. Some of them use Twitter or some other social networking system while there are so-called friendship websites where you can find people who share your interests and hobbies. You can start online and then build an offline friendship.

**29. What is your opinion about online friendships?**

Nowadays more and more people find friends on the Net and chat regularly with them. Some people say that internet friendships are impersonal and it's very difficult to keep them up because these friends never – or only very rarely – see each other. Others argue that such a friendship is good for people who are too shy to make friends in public places. I think the biggest problem is that any person can log onto a chat site and deceive others. Such people give false information about themselves, and might have bad intentions. This can be especially dangerous for young people who can be easily deceived and bullied.

**30. Are you a member of a social network? Why (not)?**

- a) Yes, I am a member of the most popular social network in the world, Facebook. I opened my account about two years ago when my friends told me about it. I also like tweeting on Twitter, which is a social messaging platform and a social network as well. In this way I can tell my friends what I'm doing, where I am, and talk about all of my experiences immediately. What's more, I can also ask them for help or advice, for example, if a film is worth watching in the cinema or not. Twitter is also very useful when I want to arrange a time and place to get together with my friends.
- b) No, I think being a member of a social network and then checking your account regularly is a complete waste of time and can destroy your social life. People may lose most of their real social ties if they mainly keep in touch online. If I want to talk to my friends, I call



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them, email them, or meet them. I spend so much time in front of the monitor at work that I try not to switch on my laptop when I'm at home. I've also heard of the danger that social networking sites can sell personal information to basically anyone who wants to buy it, for example, spammers.



## Wordlist

<b>addicted to</b>	ə'diktɪd ˌtə	függ vmitől, függő
<b>accessories</b>	ək'sesəriz	kiegészítők
<b>accommodation</b>	əkɒmə'deɪʃn	szállás
<b>achieve</b>	ə'tʃi:v	elér
<b>adventurous</b>	əd'ventʃərəs	merész
<b>advice</b>	əd'vaɪs	tanács
<b>aim</b>	eɪm	cél
<b>argue</b>	'ɑ:gjʊ	érvel
<b>argument</b>	'ɑ:gjʊmənt	vita
<b>arrange</b>	ə'reɪndʒ	intéz
<b>attend</b>	ə'tend	jár vhová
<b>attention</b>	ə'tenʃn	figyelem
<b>aunt</b>	ɑ:nt	nagynéni
<b>avoid</b>	ə'vɔɪd	elkerül
<b>bad-tempered</b>	,bæd'tempəd	rosszkedvű
<b>balcony</b>	'bælkəni	erkély
<b>ballroom dancing</b>	,bɔ:lru:m 'dɑ:nsɪŋ	társastánc
<b>basically</b>	'beɪsɪkli	alapjában, alapvetően, lényegében
<b>be on good terms with sy</b>	bɪ: ɒn ɡʊd tɜ:mz wɪð	jóban van vkivel
<b>bite (bit, bitten) one's nails</b>	bɑɪt (bɪt, bɪtn) wʌnz 'neɪlz	rágja a körmét
<b>block of flats</b>	,blɒk əv flæts	háztömb
<b>board game</b>	'bɔ:d ˌɡeɪm	társasjáték
<b>brave</b>	breɪv	bátor
<b>budgie</b>	'bʌdʒɪ	törpepapagáj
<b>bullied</b>	'bʊlɪd	terrorizált (iskolában)
<b>cage</b>	keɪdʒ	kalitka, ketrec
<b>carelessness</b>	'keələsnəs	figyelmetlenség
<b>challenging</b>	'tʃælɪndʒɪŋ	kihívást tartogató/jelentő
<b>chemist</b>	'kemɪst	gyógyszerész
<b>client</b>	'klaɪənt	ügyfél

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<b>common</b>	'kɒmən	közös
<b>commute</b>	kə'mju:t	ingázik
<b>confident</b>	'kɒnfɪdənt	magabiztos
<b>conscientious</b>	,kɒnʃi'ɛnjəs	lelkiismeretes
<b>consider</b>	kən'sɪdə	tart vminek/vmilyennek
<b>contain</b>	kən'teɪn	tartalmaz
<b>count on sy</b>	'kaʊnt ɒn	számít vkire
<b>cousin</b>	'kʌzn	unokatestvér
<b>crack one's knuckles</b>	kræk wʌnz nʌkləz	ropogtatja az ujjait
<b>cruelty</b>	'kru:əlti	kegyetlenség, kínzás
<b>curly</b>	'kɜ:li	göndör
<b>deal (dealt, dealt) with</b>	di:l (delt, delt) wið	foglalkozik vmivel, intéz
<b>deceive</b>	dɪ'si:v	becsap
<b>depress</b>	dɪ'pres	lehangol
<b>destroy</b>	dɪ'strɔɪ	lerombol
<b>detached house</b>	dɪ'tætʃt ,haʊs	(általában kétszintes) családi ház
<b>disagreement</b>	disə'gri:mənt	nézeteltérés
<b>discuss</b>	dɪ'skʌs	megbeszél
<b>dishonest</b>	dɪ'sɒnɪst	tisztességtelen, becsstelen
<b>disorganized</b>	dis'ɔ:gənaɪzd	szétszórt, szervezetlen
<b>disregard</b>	,disrɪ'ga:d	figyelmetlenség, semmibe vétel
<b>distant</b>	'dɪstənt	távoli
<b>distort</b>	dɪ'stɔ:t	elferdít
<b>district</b>	'dɪstrɪkt	kerület
<b>disturbing</b>	dɪ'stɜ:bɪŋ	zavaró
<b>documentary</b>	,dɒkjʊ'mentri	dokumentumfilm
<b>doll</b>	dɒl	baba
<b>dress code</b>	'dres ,kəʊd	öltözködési előírás, öltözködési szabály
<b>economist</b>	i:'kɒnəməst	közgazdász
<b>edge</b>	edʒ	vminek a széle
<b>energetic</b>	,enə'dʒetɪk	energikus
<b>engage in</b>	ɪn'geɪdʒ ɪn	belemerül, részt vesz
<b>environment</b>	ɪn'vaɪrənmənt	környezet
<b>essential</b>	i'senʃl	alapvető, létfontosságú
<b>event</b>	i'vent	esemény



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<b>excuse</b>	ik'skju:s	kifogás
<b>experience</b>	ik'spiəriəns	élmény
<b>expert</b>	'ekspɜ:t	szakértő
<b>expire</b>	ik'spaɪə	lejár (az érvényessége)
<b>express</b>	ik'spres	kifejez
<b>extend</b>	ik'stend	kibővít
<b>extremely</b>	ik'stri:mli	rendkívüli módon
<b>extrovert</b>	'ekstrə,vɜ:t	kifelé forduló, nyitott személy
<b>eyeshadow</b>	'aɪ,ʃædəʊ	szemhéjfesték
<b>faculty of medicine</b>	'fækəlti əv 'medsn	orvosi kar
<b>false lashes</b>	fə:ls læʃɪz	műszempilla
<b>feature</b>	'fi:tʃə	mutat, közöl
<b>feel (felt, felt) bored</b>	fi:l (felt, felt) bɔ:d	unatkozik
<b>feel (felt, felt) depressed</b>	fi:l (felt, felt) dɪ'prest	nyomott hangulata van, lehangolt
<b>fidget</b>	'fɪdʒɪt	izeg-mozog
<b>flashy</b>	'flæʃɪ	feltűnő
<b>football pitch</b>	'fʊtbɔ:l ,pɪtʃ	focipálya
<b>forget (forgot, forgotten)</b>	fə'get (fə'gɒt, fə'gɒtn)	elfelejt
<b>forgetfulness</b>	fə'getfəlnəs	feledékenység
<b>gain</b>	geɪn	szerez
<b>gain admission</b>	geɪn əd'mɪʃn	felvételt nyer
<b>generosity</b>	,dʒenə'rɒsɪti	nagylelkűség
<b>gesture</b>	'dʒestʃə	gesztus
<b>get (got, got) divorced</b>	get (gɒt, gɒt) dɪ'vɔ:st	elválík
<b>get (got, got) on one's nerves</b>	get (gɒt, gɒt) ɒn wʌnz nɜ:vz	idegeire megy
<b>get (got, got) on well with sy</b>	get (gɒt, gɒt) ɒn wel wɪð	jól kijön vkivel
<b>get (got, got) used to</b>	get (gɒt, gɒt) 'ju:st ,tə	hozzászokik, megszokik vmit
<b>graduation</b>	,grædʒu'eɪʃn	a diploma megszerzése
<b>greet</b>	gri:t	üdvözl
<b>guinea pig</b>	'ɡɪni ,pɪɡ	tengeri malac
<b>hairstyle</b>	'heə,stail	hajviselet
<b>harsh</b>	hɑ:ʃ	rikító
<b>helpful</b>	'helpfl	segítőkész

# 1. THE INDIVIDUAL AND HUMAN RELATIONS



hide (hid, hidden)	haɪd (hɪd, 'hɪdn)	elrejt
honest	'ɒnɪst	őszinte
honesty	'ɒnɪstɪ	őszinteség
hopeless	'həʊpləs	reménytelen
housing estate	'haʊzɪŋ ɪ,steɪt	lakótelep
HR department	eɪtʃ a: dɪ'pɑ:tmənt	humán erőforrás/személy- ügyi osztály
identity	aɪ'dentətɪ	személyazonosság
immediately	ɪ'mi:diətli	azonnal
impatient	ɪm'peɪjnt	tűrelmetlen
impersonal	ɪm'pɜ:snəl	személytelen
impolite	ɪmpə'laɪt	udvariatlan
insurance company	ɪnʃʊərəns 'kʌmpəni	biztosító
intention	ɪn'tenʃn	szándék
interpreter	ɪn'tɜ:prɪtə	tolmács
involve	ɪn'vɒlv	magába foglal
issue	'ɪʃu:	téma, ügy
jewellery	,dʒu:əlɪ	ékszer
keep (kept, kept) fit	ki:p (kept, kept) fit	jó formában tartja magát
keep (kept, kept) in touch with sy	ki:p (kept, kept) ɪn tʌtʃ wɪð	kapcsolatot tart vkivel
lack	læk	hiány
lawyer	'lɔ:jə	jogász
lie	laɪ	hazudik
litter	'lɪtə	utcai szemét, nyilvános he- lyeken szemetel
littering	'lɪtərɪŋ	szemetelés
lonely	'ləʊnli	magányos
look forward to	lʊk 'fɔ:wəd ,tə	alig vár
maiden name	'meɪdn neɪm	leánykori név
mainly	'meɪnli	főleg
make (made, made) an appointment	meɪk (meɪd, meɪd) ən ə'pɔɪntmənt	találkozót megbeszél
make-up	'meɪk ,ʌp	smink
manage	'mænɪdʒ	sikerül
mean	mi:n	fösvény
miscommunication	,mɪskəmju:ni'keɪʃn	félreértés
miserable	'mɪzərəbl	szerencsétlen, elkeseredett



# 1. THE INDIVIDUAL AND HUMAN RELATIONS

<b>moody</b>	'mu:di	kedvetlen
<b>nail</b>	neil	köröm
<b>nearby</b>	,niə'baɪ	a közelben, közeli
<b>neighbourhood</b>	'neɪbə,hʊd	környék
<b>occasionally</b>	ə'keɪʒnli	időnként
<b>organize</b>	'ɔ:gənaɪz	szervez
<b>originally</b>	ə'ɒrɪdʒnli	eredetileg
<b>outrun (outran, outrun)</b>	,aʊt'rʌn (,aʊt'ræn, ,aʊt'rʌn)	leelőz
<b>pantry</b>	'pæntri	kamra
<b>patience</b>	'peɪjns	tűrelem
<b>patient</b>	'peɪjnt	tűrelmes
<b>pay (paid, paid) attention to sg/sy</b>	peɪ (peɪd, peɪd) ə'tenʃn ,tə	figyel vmire/vkire
<b>personal particulars</b>	'pɜ:snəl pə'tɪkjələz	személyi adatok
<b>personality trait</b>	,pɜ:sə'næləti treɪt	személyiségjegy
<b>pick</b>	pɪk	kiválaszt
<b>pretend</b>	pri'tend	úgy tesz mintha
<b>proceed</b>	prə'si:d	halad
<b>promise</b>	'promɪs	ígéret
<b>prosperous</b>	'prɒspərəs	sikeres, jólmenő
<b>proud</b>	praʊd	büszke
<b>prove</b>	pru:v	igazol
<b>provide</b>	prə'vaɪd	biztosít
<b>public place</b>	'pʌblɪk pleɪs	nyilvános hely
<b>puppet</b>	'pʌpɪt	bábu
<b>realize</b>	'ri:əlaɪz	észrevesz
<b>receive a call</b>	rɪ'si:v ə kɔ:l	hívást fogad
<b>regularly</b>	'regjʊləli	rendszeresen
<b>relative</b>	'relatɪv	rokon
<b>reliability</b>	rɪ'laɪə'bɪləti	megbízhatóság
<b>reliable</b>	rɪ'laɪəbl	megbízható
<b>rely on</b>	rɪ'laɪ ɒn	megbízik vkiben
<b>renew</b>	rɪ'nju:z	megújít
<b>reserved</b>	rɪ'zɜ:vɪd	tartózkodó
<b>running behind</b>	rʌnɪŋ bɪ'hʌɪnd	lemaradás
<b>sailing</b>	'seɪlɪŋ	vitorlázás
<b>sci-fi</b>	'saɪfaɪ	sci-fi, tudományos-fantasztikus

# 1. THE INDIVIDUAL AND HUMAN RELATIONS



<b>selfish</b>	'selfɪʃ	önző
<b>sense of humour</b>	sens əv 'hju:mə	humorérzék
<b>share</b>	ʃeə	megoszt
<b>shopping centre</b>	'ʃɒpɪŋ 'sentə	bevásárlóközpont
<b>short-sighted</b>	ʃɔ:t'saɪtɪd	rövidlátó
<b>shy</b>	ʃaɪ	félenk
<b>skateboarding</b>	'skeɪt,bɔ:ɪdɪŋ	gördeszkázás
<b>slim</b>	slɪm	karcsú
<b>snub-nosed</b>	snu:b'nəʊzɪd	pisze orrú
<b>social tie</b>	,səʊʃl 'taɪ	társasági kötelék/kapcsolat
<b>sort out a problem</b>	sɔ:t 'aʊt ə ,prɒbləm	problémát megold
<b>source</b>	sɔ:s	forrás
<b>straight</b>	streɪt	egyenes
<b>strict</b>	strikt	szigorú
<b>support</b>	sə'pɔ:t	támogat
<b>take (took, taken) care of</b>	teɪk (tʊk, 'teɪkən) keə əv	gondoskodik vmiről/vkiről
<b>take (took, taken) notes</b>	teɪk (tʊk, 'teɪkən) nəʊts	jegyzetel
<b>task</b>	tɑ:sk	feladat
<b>think (thought, thought) over</b>	θɪŋk (θɔ:t, θɔ:t) əʊvə	átgondol
<b>tidy</b>	'taɪdɪ	kitakarít
<b>tiring</b>	taɪərɪŋ	fárasztó
<b>tolerance</b>	'tɒlərəns	tolerancia
<b>trainee</b>	,treɪ'ni:z	gyakornok
<b>training session</b>	,treɪnɪŋ 'seʃn	edzés
<b>treat</b>	tri:t	bánik vmivel/vkivel
<b>twin</b>	twɪn	iker
<b>twirl</b>	twɜ:rl	tekerget
<b>uncle</b>	'ʌŋkəl	nagybácsi
<b>understanding</b>	,ʌndə'stændɪŋ	megértő
<b>unkind</b>	ʌn'kaɪnd	barátságatlan
<b>upset</b>	ʌp'set	szomorú
<b>various</b>	'veəriəs	különféle
<b>vehicle</b>	'vi:ɪkl	jármű
<b>vivid</b>	'vɪvɪd	élénk
<b>volleyball</b>	'vɒlɪbɔ:l	röplabda
<b>voluntary</b>	'vɒləntəri	önkéntes



# 1. THE INDIVIDUAL AND HUMAN RELATIONS

<b>wallflower</b>	'wɔ:lflaʊə	háttérbe húzódó típus
<b>waste of time</b>	'weɪst əv taɪm	időpocsékolás
<b>whole</b>	həʊl	egész
<b>work out</b>	wɜ:k 'aʊt	edz
<b>worry</b>	'wʌrɪ	aggodalom
<b>worth</b>	wɜ:θ	értelmes
<b>yard</b>	jɑ:d	udvar



## Tasks



## Reading Comprehension

Read the following text about how to keep friends. All of the headings have been removed. Your task is to match the headings below the text (A-H) with the paragraphs (1-6) and then put the correct letter in each box. There is one extra letter that you do not need. An example (0) has been given for you.

- A** Compatible Friends
- B** Listening to Friends
- C** Stay in Touch
- D** Spend Time Together
- E** Keep Quiet!
- F** Let Friends Talk
- G** Involve Friends in Your Life
- H** Accept Apologies



- 0.** If your friend is far away from where you live, perhaps they moved away, you should stay in touch. There are no excuses. With all the technology today: text messages, video chatting, emails, and telephones, there are several ways you can stay close to that special friend.
- 1.** Even if your friend moved away, set a date to hang out. Make plans, and go out to the nearby mall or a good restaurant. If your friend is away from home, buy each other gifts. Not expensive gifts, just something to show you care.
- 2.** Try not to go on and on about your own problems. Pay attention to what your friend has to say. Communicate. Give advice. Your friend will see care and show appreciation towards you if you do. If your friend carries on with their problems, try to share some of your own problems and let them know.
- 3.** As important as loyalty is, our friendships don't always have it. Every friend you'll ever have will eventually disappoint you. Count on it. That doesn't mean that every offense of a friend requires forgiveness; some slights need only be overlooked and forgotten. The friends we keep the longest are the friends who forgave us the most. And the essence of true friendship is knowing what to overlook.



# 1. THE INDIVIDUAL AND HUMAN RELATIONS



4. If you are an outgoing girl that just loves to be around crowds of people, you will need to find friends that appreciate and love that quality in you. Someone that can't stand a large crowd, and doesn't like to be around lots of people, will not want to hang around someone that is so outgoing and social.
5. Don't talk about your friend with someone else. If you're a good friend, you'll not gossip about him or her. If you do, you're at a very high risk of losing your friend. What goes around comes around.
6. As much as being part of another person's life is important, it is just as important to open up and share your life with them. This is the beauty and simplicity of friendship. By allowing friends to be a part of your life, by sharing with them glimpses of your life, you provide them with a chance to get to know you better; you provide them with a chance to be your friend.

0	1	2	3	4	5	6
C						

## Listening Comprehension

Track 7.

You are going to listen to a woman called Carolyn speaking about her friends. Your task is to fill the gaps in the sentences (1-11) with one word only. First you will have some time to study the task and then you will hear the recording. Then, after a short pause, you will hear the recording again. An example (0) has been given for you.

### My Friends

0. Carolyn and Mandy have been friends since preschool.
1. Mandy lives in London, so Carolyn and Mandy meet \_\_\_\_\_.
2. Carolyn met Cat and James in \_\_\_\_\_ when Mandy went there as a \_\_\_\_\_.
3. Carolyn met Britney and Sarah on the \_\_\_\_\_.
4. Last night they were talking on Skype until half past \_\_\_\_\_.
5. They are planning to travel to \_\_\_\_\_.
6. They like blogging and \_\_\_\_\_ culture.
7. Carolyn and Clare were best \_\_\_\_\_ at high school.
8. Nowadays they only meet sometimes because Clare \_\_\_\_\_ in \_\_\_\_\_.
9. Some people have the \_\_\_\_\_ friends as in high school.
10. When Carolyn and Clare meet they \_\_\_\_\_ for hours, laugh together, drink \_\_\_\_\_ and eat some food.
11. At school Carolyn thought it was important to have only \_\_\_\_\_ friend, at school.